New England Otolaryngological Society
Winter Program: December 9, 2022
MEEI-Meltzer Auditorium-3rd Floor
243 Charles St, Boston MA. 02114
7:30am-3:35pm

Difficult Patients and Difficult Problems

7:30-7:55 Registration

7:55-8:00 Welcome – Rebecca Stone, MD, NEOS President

8:00-8:15 Tufts University – Peter Steinwald, MD
*Psychosocial Outcomes Among Pediatric Patients with Cleft and Craniofacial Differences

8:15-8:30 Boston University – Aneesh Patel, MD
*Every Patient has a Voice: Navigating the Challenges of a Total Laryngectomy

8:30-9:15 MEEI/Albany Medical College – Sheryl Katz, anek, BA
Director of the Patient Advocacy and Domestic Violence Programs
Boston Medical Center

9:15-9:30 MEEI/Harvard Medical School – Elliana DeVore, MD
*Laryng-glum Situations: The Difficult Voice and Airway Patient

9:30-9:55 Break

9:55-10:40 Lessons Learned from Leading in a Pandemic
Dennis P. Mckenna, MD
President and Chief Executive Officer
Albany MED Health System

10:40-10:55 University of Connecticut – Daniel Russo, MD
*Flappy Hour: Alcohol Withdrawal and Substance Abuse in the Head and Neck Flap Patient

10:55-11:10 Dartmouth – Maggie Mouzourakis, MD
*Hearing Hissing – Managing Tinnitus in Patients with Psychiatric Illness and Schizophrenia

11:10-11:25 Albany Medical College – Bethzaida Suarez Gonzalez, MD
*It Is Not Futile

11:25-11:40 University of Vermont – Quinn Self, MD
*Mushrooms and Malignancy: Evidence Base for Psilocybin

11:40 – 12:50 Lunch

12:50- 1:05 NEOS Business meeting

1:05 -1:20 Harvard Medical School/ BIDMC- Victoria Huang, MD
*Caught in-between: Challenges in the Transition of Care for Complex Young Adults

1:20-1:35 Yale University – Daniel Jacobs, MD
*Providing Care When There Is No Perfect Answer

1:35- 2:00 Break

2:00-2:45 Sports Psychology for the Otolaryngologist
Jonathan Jenkins, PsyD
Massachusetts General Hospital

2:45 -3:30 *Panel Discussion: “Difficult Patients, Difficult Problems”
Canh Vu, MD; Dennis McKenna, MD; Jonathan Jenkins, PsyD & Mrs. Sheryl Katz, anek

3:30-3:35 Concluding Remarks
Program Objectives

- Review lessons learned from emergency medicine from dealing with a disaster (Covid-19).
- Learn about sports psychology approach for screening patients and improving performance in OTOHNS.
- Review lessons learned from “the fixer”, a family/patient advocate expert with advice for handling difficult or unsatisfactory situations.
- Learn the approach to difficult patients by a psychologist and expert in working with these challenging patients.

Program Overview

Difficult Patients and Difficult Problems is a meeting for the head and neck clinician/surgeon to get up to date on topics of integrative medicine they may not be as familiar with. We will review lessons learned from emergency medicine from dealing with a disaster (Covid-19). We will learn about sports psychology approach from a Harvard and Boston Red Sox behavioral health expert for screening patients and improving performance in OTOHNS. We will hear from “the fixer”, a family/patient advocate expert with advice for handling difficult or unsatisfactory situations. This meeting will include the approach to difficult patients patients by a psychologist and expert in working with these challenging patients. These talks and the resident lectures will enhance our ability to deal with patients as clinicians increasingly combat the mental health epidemic we are facing.

AMA Credit Designation Statement

The New England Otolaryngological Society designates this live activity for a maximum of 5.25 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Accreditation Statement

The New England Otolaryngological Society is accredited by the Massachusetts Medical Society to provide continuing medical education for physicians.

Registration in Medicine for risk management study, denoted with an *

NEOS Officers

Rebecca Stone, MD, NEOS President
Michal Platt, MD, Secretary/Treasure
Stacey Tutt Gray, MD, President-Elect

For questions, please contact Lina Szymkowski
CME Coordinator at 781-434-7313 or Lszymkowski@mms.org